



Quiescent Body LLC, pursuant to 11 DCMR §§ 3104 1, and 1202 2, for a special exception for a massage establishment, skin care and physical therapy under section 731, in the CAP/C-2-A District at premises 3429 14<sup>th</sup> Street NW, First Floor (Square 2836, Lot 0132)

The existing use of the proposed location is a food preparation shop which was the last certificate of occupancy for Carolina Deli Carolina Deli is no longer in operation and since then the proposed location has been vacant The proposed change of use will be to establish a Therapeutic Massage studio for Quiescent Body with two treatment rooms and a waiting area Quiescent Body will provide Therapeutic and restorative massage modalities to help alleviate pain associated with muscle injury, stress, and fatigue We will provide a nice relaxing environment for patrons to come and help relieve the stressors of everyday life

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BOARD OF ZONING ADJUSTMENT  
District of Columbia  
CASE NO. 18697  
EXHIBIT NO. 4

3429 14<sup>th</sup> Street NW  
Washington, D C 20010

(202) 618-2256 Wk  
(202) 903-3757 Hm

Board of Zoning Adjustment

District of Columbia

[www.Quiescentbody.com](http://www.Quiescentbody.com)

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Quiescent Body is a therapeutic massage provider whose mission is to help promote good health and a better quality of life for the residents in the Columbia Heights area of the District of Columbia. Our services rid the body of life's every day stresses, reduce muscle pain, help alleviate the discomfort of certain ailments or just help restore balance to your body and mind, leaving you feeling rejuvenated and helping you maintain a life of wellness and good health.

Columbia Heights is one of the Healthiest communities in the District of Columbia. The 14<sup>th</sup> street corridor hosts several major workout facilities, such as Washington Sports Club, One World Fitness, Body Smith, and Balance Gym to name a few. Less than a hundred feet away from our proposed location is Quiet mind yoga studio. This reference to other local fitness providers is to show that Quiescent Body will be compatible with the present and proposed development of the neighborhood.

The subject property is located on the corner of 14<sup>th</sup> and Newton Street NW. The property abuts a 5 space parking area in which Quiescent Body will occupy 2 of them, and a 20-foot wide public alley in the rear.

The building consists of four stories. The basement level, which is occupied by Mi Casita Bakery, The first floor is the proposed location for Quiescent Body, and the Second and Third floors are residential Units.

Columbia Heights is primarily a high-density residential area, with some commercial businesses in the neighborhood.

**Under Subsection 731.3** states that a massage establishment shall be permitted in a C-2 District as a special exception as long as it is compatible with other uses, **731.4** It will not adversely affect the character of the neighborhood or because of noise, traffic, or other conditions, and **731.5** The establishment will not have a negative impact on religious, educational, or other institutional facilities in located in the area.

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