



The YMCA and the Betty T. Wooten Charity Foundation Charity Golf Tournament

Shepard is the leading national general service contractor in the exhibition industry for making the production of face to face events easy. A full array of services are offered to our clients, including expositions, special events, conferences, and exhibit services.

As the general service contractor of your meeting, Shepard is responsible for the means and methods to be used in the construction and execution of all aspects of your event. Our vast product offerings allow us to provide customized services on a national level.

Looking for Something Different...

773 events

35,537 exhibitors

265 facilities

34 states

each customer

a different successful solution

For more information please contact

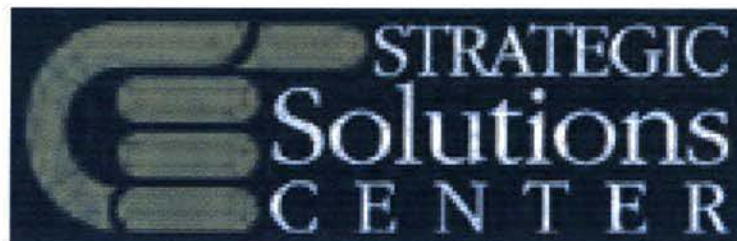
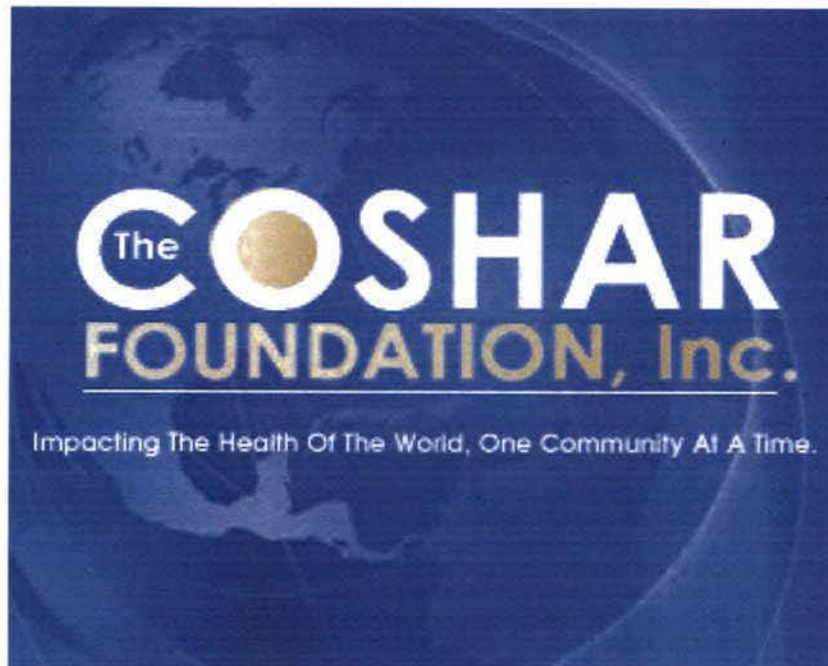
Nicole Unger

National Sales Manager

(410) 365-8613

nunger@shepardes.com

Board of Zoning Adjustment
District of Columbia
CASE NO. 15515
EXHIBIT NO. 34B



Strategic Solutions Center and Great Foods (BWI), LLC

8181 Professional Place, Suite 202

Landover, MD 20785

Office: (301) 577-8900 x104

www.greatfoodsllc.com



**1523 Alabama Ave SE
Washington, DC 20032
&
3100 14th St. NW
Washington, DC 20010**

INDUSTRIAL
BANK

 **D.C.**
Lottery

REGENCY
FURNITURE SHOWROOMS
HOME FURNISHINGS FOR TODAY'S LIFESTYLE



DISTRICT TITLE

**Scott Sweitzer, Esq.
Settlement Attorney
District Title**

**1150 Connecticut Avenue, NW #210
Washington, DC 20036
202-518-9300 x311 (work)
Scott@districttitle.com**

Settlements throughout DC, DE, MD, VA and WV

The Cigar Guys



Desmond Chisholm Photography

(Weddings, Special Events, Family Portraits, & Birthday Parties)

Desmond M. Chisholm

Owner/Operator

202 Jackson Ave, #1022
Fort Myer, Virginia 22211

Tel: 757-593-4333

Fax: 703-825-6580

E-mail: desmond.chisholm.photography@gmail.com

Web: <http://www.DesmondChisholmPhotography.Com>





THE HAMLIN LEGAL GROUP, LLC



The Hamlin Legal Group, LLC

Specializing in alternatives to foreclosure as an industry leader in short sale negotiations, deeds in lieu of foreclosures, loan modifications, work outs, reinstatements and representation at foreclosure mediations.

Our other areas of expertise include the following:

- Real estate legal matters
- Small business representation in resolving legal disputes.
- Represent and defend home owners in disputes with Homeowners
- Associations and Condominium Associations
- Negotiate debts with junior lien holders, second mortgages, secured and unsecured personal and business lines of credit, and settlements with creditors' pre and post judgment
- Assist homeowners with tax assessment disputes and appeal



1401 Mercantile Lane, Suite 200-P, Largo, MD 20774
Phone: 301-577-8887 E-mail: HamlinLegal@gmail.com



T h e M o d e r n A n s w e r T o T h e F i r e p l a c e

Metro Fireplace

www.metrofireplace.com

*Pastor Bernard and Lady LaRon Howard
And the Sanctuary of Praise Family
Congratulates*

YMCA

IN HONOR OF

BETTY WOOTEN

On your

1ST Annual Golf Tournament



*This people have I formed for myself; they shall shew forth my praise.
Isaiah 43:21*

*Sanctuary of Praise Way of the Cross Church of Christ
2118 Ridgecrest Court, SE
Washington, DC 20019*



September 12, 2012

WE AT KELLER WILLIAMS PREFERRED PROPERTIES ARE VERY PLEASED TO ANNOUNCE THAT KW COMMERCIAL HAS OPENED A DIVISION HERE IN UPPER MARLBORO, MD.

KW Commercial is the commercial real estate arm of Keller Williams Realty, the second largest real estate firm in the United States.

KW Commercial is a full service commercial real estate firm. Services include landlord, tenant, and buyer and seller representation on all types of commercial property. All property types include but are not limited to office, retail, industrial, land, multi-family, investment grade property, NNN properties and special use requirements. Typical commercial transactions include leasing, selling, sale-lease back, investment sales and purchases, 1031 Exchanges, not-for-profit requirements, executive suite consultations, special consulting services, broker opinion of value, and a myriad of other services to meet commercial objectives.

Internationally, KW Commercial's collective experience and knowledge spans a few hundred years. As Managing Director, I bring over 18 years of experience in real estate and 6 years of experience and knowledge specifically in commercial real estate.

When your commercial real estate needs surface, please give me a call and I or one of our commercial agents will be glad to be of service!

Thank you and we look forward to meeting all of your real estate needs.

It truly is a Great Day at Keller Williams.

Regards,

Lorenzo M. Wooten, Jr.

Lorenzo M. Wooten, Jr.
Managing Director
Office - 240-737-8196
lwooten@kwcommercial.com
www.wootengroupcommercial.com

KELLER WILLIAMS®PREFERRED PROPERTIES
[9701 Apollo Drive Suite 102 Upper Marlboro MD 20774
Office (240) 737-5000 • Direct (240) 240-737-8196
www.kwcommercial.com
AN INDEPENDENT MEMBER BROKER

www.bettywooten.org
www.ymcadc.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUMMER FUN & LEARNING

Summer Camp 2013 Program Guide
YMCA OF METROPOLITAN WASHINGTON

YMCA CAPITAL VIEW



DEAR PARENTS,



Overnight, day or specialty camps at the Y share one thing: they're about discovery. Kids have the opportunity to explore nature, be creative, try new activities, build self-confidence, and make lasting friendships and memories. And, of course, it's fun too! In this day and age, parents need reassurance that their children are safe and uplifted when they're not at home. At the Y, nothing is more

important to us than your child's mental and physical wellbeing. Our counselors are comprehensively trained in CPR/First Aid, emergency preparedness, abuse and injury prevention, and other safety measures. What's more, they are prepared to give your child a well-rounded experience that will nurture character development. No matter the program, each camp experience is enriched with academic skills and physical fitness. Whether it's

through singing or swimming, nature hikes or computer classes, YMCA counselors guide kids in developing vital life skills and having fun.

With over 160 years of experience in nurturing the potential of Metropolitan Washington youth, the Y knows how to do it best! Let your child experience the most fun and positive summer yet by enrolling them in YMCA day or resident camp.

Best wishes,

Angie L. Reese-Hawkins

Angie L. Reese-Hawkins
President and CEO
YMCA of Metropolitan
Washington

**We Now
Accept DHS
Voucher**

**CAMP
AVAILABLE
FOR
AGES 3-14**

TABLE OF CONTENTS

Important Information

Session Dates	1
To Register	1
Registration Start Dates	1
Open House	1
Camp Hours	1
Extended Hours	1
Swimming Locations	1
For More Information	1
Camp Locations	1

Traditional Camps



"Y" Clubhouse for Young Campers	2
"Thingamajig™" Invention Camp	2
Water Campers	4
Cooking Delight	4
Under the Big Top	5

Register Today!

Easy Payment Options

Available
until
Friday, May 31st

SCHOLARSHIPS
available
for
those that
qualify

**Applications
Available
Online**

www.ymcadc.org



IMPORTANT INFORMATION

SESSION DATES

Camp days in bold.

	S	M	T	W	T	F	S
June							
Session 1:	23	24	25	26	27	28	29
Week 1 & 2	30						
July							
	1	2	3	4	5	6	
Session 2:	7	8	9	10	11	12	13
Week 3 & 4	14	15	16	17	18	19	20
Session 3:	21	22	23	24	25	26	27
Week 5 & 6	28	29	30	31			
August							
		1	2	3			
Session 4:	4	5	6	7	8	9	10
Week 7 & 8	11	12	13	14	15	16	17
Session 5:	18	19	20	21	22	23	24
Week 9 & 10	25	26	27	28	29	30	31

* Camp is closed July 4, 2013.

TO REGISTER

1. Pick up a registration packet at the YMCA or download it from www.ymcadc.org
2. Turn in completed registration packet, with the exception of health records.
3. \$50.00 registration fee.
4. Dental record.
5. Submit health records by camp start date.

Note: Must register at branch if you have a voucher

REGISTRATION START DATES

January 14, 2013

Registration for full privilege member

OPEN HOUSE

March 19, 2013

11:00 a.m.–3:00 p.m.

April 27, 2013

Camp Open House (HPK)

11:00 a.m.–3:00 p.m.

CAMP HOURS

9:00 a.m.–4:00 p.m.

EXTENDED HOURS

Before Care: 7:00–9:00 a.m.

After Care: 4:00–6:00 p.m.

Location: Same as camp location

Our Extended Day program offers quality care for your child before and after the camp day. We offer this convenient service at a variety of locations to complement our camp programs. Activities may include sports, arts and crafts and more!

SWIMMING LOCATIONS

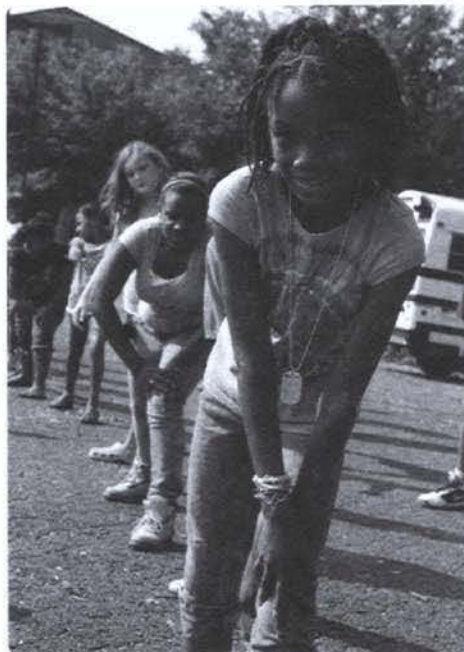
Swimming will take place at the following locations:

DC Public Pool & Ridgecrest Splash Pool

FOR MORE INFORMATION

Refer to the Parent Handbook, call the YMCA branch or visit www.ymcadc.org for more information about the following:

- Financial assistance
- Accommodations for special needs children
- Family nights
- Withdrawals, transfers, refunds and credits
- What children should bring to camp



SUMMER CAMPS WITH A GREATER PURPOSE

YMCA SUMMER CAMPS OFFER CURRICULUMS THAT CAN ENHANCE YOUR CHILD'S ACADEMIC AND PHYSICAL SKILLS:

POWER HOUR

provides campers with ongoing learning and practice opportunities so they can succeed in the upcoming school year.



PHD is the Y's signature program that helps educate kids on nutrition and keeps them active daily.

CAMP LOCATIONS

Camps will be held at the following locations, plus other sites to be announced no earlier than March 17.

YMCA Capital View
2118 Ridgecrest Court, SE
Washington, DC 20020
202-889.0643

Please check our website or call the branch at 202-889.0643 for updated location information.

TRADITIONAL DAY CAMPS

In addition to the exciting theme, all campers will experience a daily dose of fun, enriching activities, such as group games, sports & fitness, music, hands-on science, arts & crafts, swimming 4 days a week and more!

Y CLUBHOUSE CAMPERS

Session 1: Week 1 & 2

June 24-July 5

Ages 3-14

Campers will participate in activities that will stretch their imaginations while learning some cool facts along the way. Campers will also get the chance to participate in activities that include magic, animal games, arts and crafts, learning about recycling, and more! This is a one stop shop for fun!!

Week	Camp Cost	
	Member/Non Member	Code
1	\$150/Weekly	0201-01
1	\$290/Session	0201-01

"THINGAMAJIG™" INVENTION CAMP

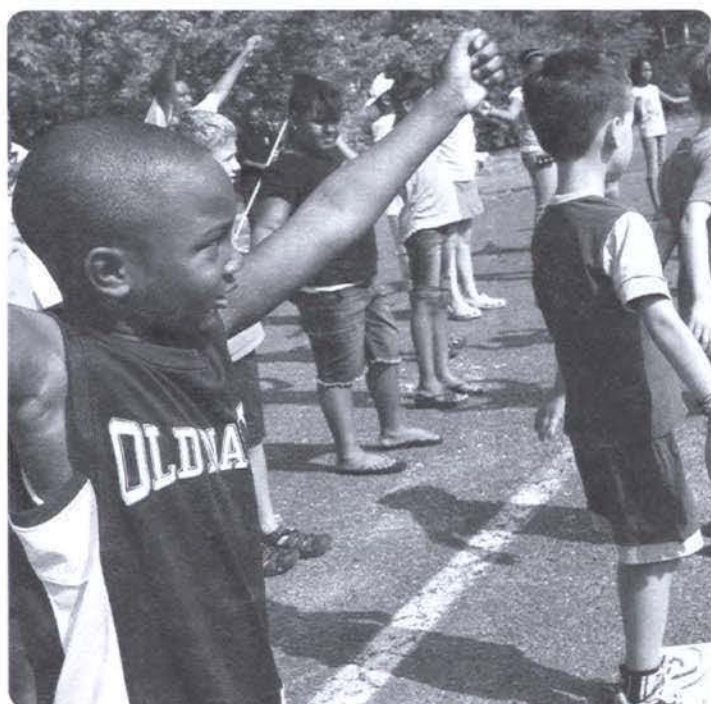
Session 2: Week 3 & 4

July 8-July 19

Ages 3-14

Thingamajig™ is the Y's signature Invention Convention event. At Thingamajig Camp, campers will get their creative juices flowing to prepare for the convention in July. Campers use recycled materials to create a new invention or concoct a new use for an everyday item. The annual Thingamajig Invention Convention gives all the young inventors the chance to share their inventions and compete for great prizes.

Week	Camp Cost	
	Member/Non Member	Code
2	\$150/Weekly	0201-02
2	\$290/Session	0201-02



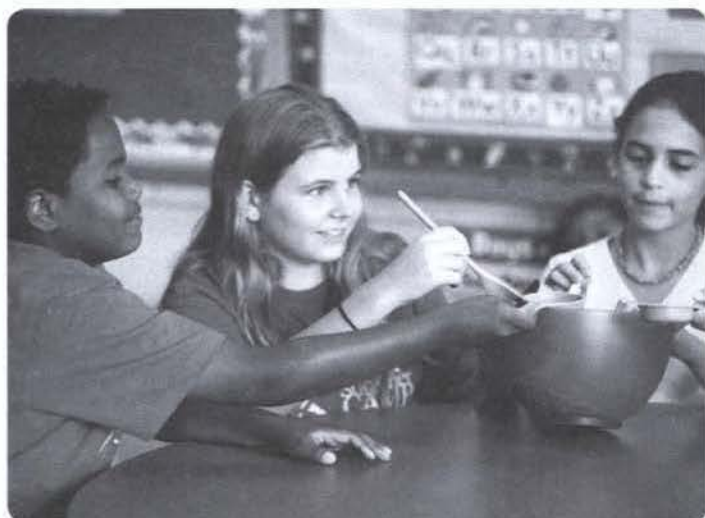
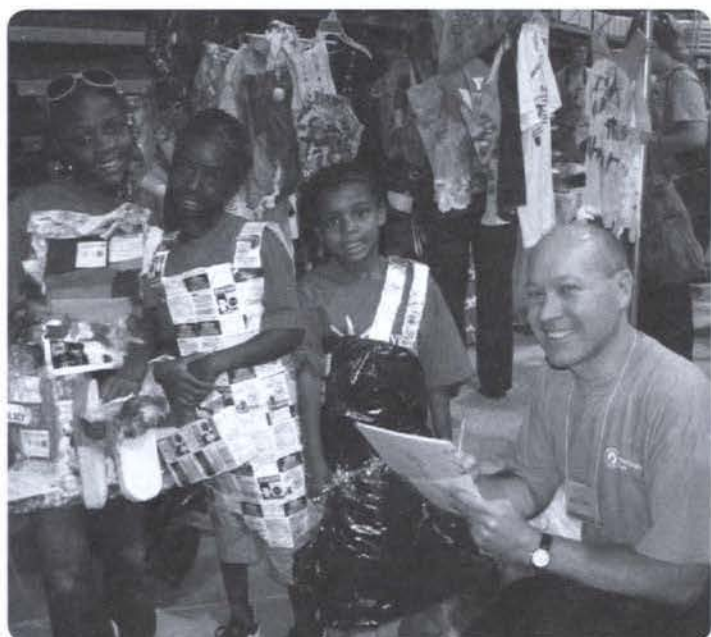
Session 1: June 24-July 5

Session 2: July 8-19

Session 3: July 22-August 2

Session 4: August 5-16

Session 5: August 19-30



WATER CAMPERS (NON-INSTRUCTIONAL)

Session 3: Week 5 & 6
July 22-August 2

Ages 3-14

Get soaked in this water-filled week of Slip 'n Slides, water relays and water wars. With water being a summer must this is one camp that you don't want to miss.

Week	Camp Cost	
	Member/Non Member	Code
3	\$150/Weekly	0201-03
3	\$290/Session	0201-03



COOKING DELIGHT

Session 4: Week 7 & 8
August 5-August 16

Ages 3-14

Learn the basics of cooking at the YMCA! Campers will experiment with different cooking themes and make fun finger foods, delicious dessert creations, and crazy cuisines. In a fun environment, campers will make a cookbook and learn the values of eating fruits, vegetables, whole grains, and more!

Week	Camp Cost	
	Member/Non Member	Code
4	\$150/Weekly	0201-04
4	\$290/Session	0201-04



UNDER THE BIG TOP

Session 5: Week 9 & 10
August 19–August 30

Ages 3–14

Come one, come all to the greatest camp on earth! Join this wild and wacky circus troupe. Learn magic, funny tricks, learn about circus animals, arts & crafts, the science of what makes the circus fun.



Camp Cost		
Week	Member/Non Member	Code
5	\$150/Weekly	0201-05
5	\$290/Session	0201-05





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
WASHINGTON, DC
PERMIT NO. 6023

YMCA OF METROPOLITAN WASHINGTON

YMCA Capital View
2118 Ridgecrest Court, SE
Washington, DC 20020
T: 202-889-0643

YMCA CAMP LETTS

Welcome to the Fun,
Welcome to the Family,
Welcome to Camp!

EXPERIENCE A DAY OR OVERNIGHT CAMP ADVENTURE

Join us for an Open House 2-4pm on February 17,
March 10, April 21, May 12 or June 2, 2013

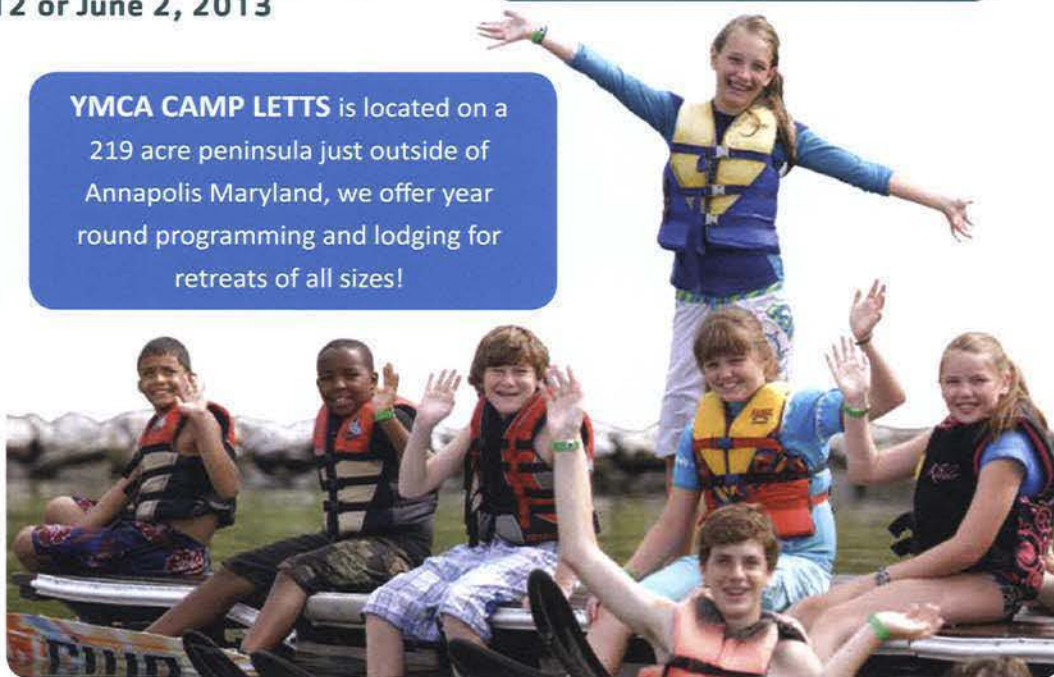
**Resident Camp 2013 Activities include:
NEW SPECIALTY CAMPS!**

- Horseback Riding & Trail Rides
- Waterski and Wakeboarding
- High Ropes Adventure Course
- Appalachian Adventure Trip
- Volleyball, Soccer, Basketball
- Swimming Safety Program
- Making New Friends and Memories
- Jewelry & Fashion Design
- SCUBA
- Paintball
- Archery
- Ceramics
- Kayaking & Canoeing

... and so much more!

**2013 Traditional
Day Camps**
for ages 6-14 , and
specialty camps for
8-14 focused on
Horsback Riding,
Waterskiing,
Sailing, and
Paintball!

YMCA CAMP LETTS is located on a
219 acre peninsula just outside of
Annapolis Maryland, we offer year
round programming and lodging for
retreats of all sizes!



www.campletts.org • 410-919-1410 • info@campletts.org
PO Box 208, 4003 Camp Letts Road, Edgewater MD 21037



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA CAPITAL VIEW BEFORE & AFTERCARE PROGRAM

The YMCA School Age program offer a wide variety of fun filled and enriching activities including PHD (Physical, Healthy & Driven), homework assistance, character development, arts & crafts, field trips, recreational swimming, snacks, and much more.

Through the Values of **CARING**, **HONESTY**, **RESPECT** and **RESPONSIBILITY** the YMCA provides a nurturing environment for:

- Character Development
- Social Skills Enhancement
- Conflict Resolution
- Health & Wellness
- Developing healthy, trusting relationships

AGES: 3 - 14

DAYS: Monday – Friday

TIMES: Before Care 7:00am – 9:00am

Aftercare: 2:00pm – 6:30pm

Registration Fee: \$50 per child (*Non-Refundable*)

Weekly Fee: Before & Aftercare \$75

Second child Discount – 10%

Now servicing the following schools:

Achievement Prep • Center City • Early Childhood • Excel • Friendship
Southeast • Friendship Tech • Howard Road • Imagine • Ann Beers •
Eagle Academy • KIPP/DC Benning • KIPP/DC Douglass • KIPP/DC
Shaw • Septima Clark • Howard Road Middle • Turner

DHS
VOUCHER
ACCEPTED

SCHOLARSHIPS
AVAILABLE

YMCA Capital View

Be Good, Do Good, Feel Good

2118 Ridgecrest Court, SE, Washington, DC 20020

P 202-889-0643 F 202-889-7856 www.ymcadc.org

Program Mission



YMCA of Metropolitan Washington

Our Mission

The YMCA of Metropolitan Washington fosters the spiritual, mental and physical development of individuals, families and communities, according to the ideals of inclusiveness, equality and mutual respect for all.

At the YMCA, we build.....

Strong Kids

- Serving children from infancy through teen years.
- Providing educational and recreational programs.
- Helping develop core values of caring, honesty, respect and responsibility.

Strong Families

- Being accessible to individuals and families.
- Offering a board variety of activities for family participation.

Strong Communities

- Strengthening relationships between kids, individuals and families.
- Promoting core values and healthy lifestyles.
- Modifying programs in response to changing community needs.

School-Age

The YMCA of Metropolitan Washington strives to provide quality services to school-age children and their families in a safe and caring environment. Consequently, administrative and program staff seek to provide experiences and opportunities to further the growth and development of the children served in the areas of cognitive, physical, social and emotional development.

With respect to providing service that meets the specific needs of the families, the general goals of the school-age program are as follows:

I. To help children develop their fullest potential by focusing on:

- Self awareness, confidence, and feeling of self-worth
- Interpersonal relationships
- Values development
- Physical skills
- Health and Nutrition

II. To support and strengthen the family unit by focusing on:

- Improving communication among family members
- Increasing their ability to work and play together
- Helping families to share their values with each other
- Increasing their sense of community with other families

III. To deliver the program in a positive YMCA environment by focusing on:

- Having all children be safe and happy in the program
- Broadening the community, national and world understanding of children and parents
- Conducting the program in accordance with YMCA operating principles and philosophy

YMCA Child Care Programs: A good place to grow

YMCAs are dedicated to providing high-quality, affordable child care. As the nation's largest provider of child care programs, YMCAs provide family-centered, values-based programs to nurture children's healthy development. Well-trained staff provide safe, affordable, high-quality care so you can have peace of mind while you work. Like all Y programs, child care is open to all, with financial aid available. Staff members are partners with parents and other caregivers, working together to help kids grow up healthy, happy and strong.

Work Without Worry

For the times you can't be there yourself, the YMCA supports your efforts to nurture your child's healthy development. Well-trained staff provide safe, affordable, high-quality care so you can have peace of mind while you work to help your family succeed.

Age-Appropriate Experiences

YMCA infant-toddler care gives babies the consistent, positive attention they need. Aware of the developmental stages that go along with these early years, Y staff guide children's growth. Positive relationships with these caregivers help children learn to trust others and themselves.

YMCA preschool care builds on children's natural desire to learn new things and become more self-reliant. Getting along with other children, sharing, taking turns and working in a group are a natural part of playing games or learning a new craft. The Y is an exciting and challenging place, helping preschoolers stretch their skills in mind and body. It is also a safe, comfortable place where children build positive relationships with caring adults.

YMCA school-age care makes sure that the time gaps before and after school are filled creatively and constructively. Kids have the chance to express their talents in the arts, sports and other areas of interest, taking advantage of all the Y has to offer. Kids find out what success is all about in an approach that says everybody plays, everybody wins. Time is set aside for homework, with adult help available. Y staff know how to challenge children and listen to them.

Focus on the Family

No matter how many hours children spend in child care, family is the most important structure in their lives. At the YMCA, good child care is good family care. Like all Y programs, child care is open to all, with financial aid available. Staff members are partners with parents and other caregivers, working together to help kids grow up healthy, happy and strong.

A Commitment to Children's Safety and Protection

The YMCA was one of the first national organizations to take a stand in the critical area of child abuse prevention. When parents drop off their children at the YMCA, they're entrusting the Y with their greatest treasures. YMCAs take that responsibility very seriously. Ys encourage parents' visits at any time and solicit their input and full involvement in ensuring the safety of all children in Y programs.

Quality Matters

Collectively, YMCAs are the country's largest provider of child care and are committed to developing and operating the highest-quality child care programs possible. YMCAs seek to provide child care that supports and strengthens families and nurtures the healthy, successful growth and development of each child involved.

Before choosing a program, look for the five essential ingredients of quality child care:

1. Positive and healthy relationships
2. A spacious and appropriate environment
3. Engaging and diverse activities
4. Emphasis on safety and health
5. A highly effective administration

Quality in all five areas of a child care program leads to an experience for the children and their families that is much more than the sum of its parts. While poor-quality programs may threaten children's development, high-quality programs can pay tremendous dividends - not just for the kids and their families, but also for the larger community and the nation.

YMCA Child Care provides programs to more than 500,000 kids at more than 9,000 sites nationwide. These programs help kids grow physically, mentally and spiritually, while emphasizing and modeling character development values such as caring, honesty, respect and responsibility. Your child's experience in child care can make the difference in his or her emotional stability and development.

*Search Institute has identified the following building blocks of healthy development—known as **Developmental Assets®** that help young people grow up healthy, caring and responsible.*

Name and Definition

Support

1. **Family Support** – Parent(s) and/or primary caregiver(s) provide the child with high levels of consistent and predictable love, physical care, and positive attention in ways that are responsive to the child's individuality
2. **Positive Family Communication** – Parent(s) and/or primary caregiver(s) express themselves positively and respectfully, engaging young children in conversations that invite their input
3. **Other Adult Relationships** – With the family's support, the child experiences consistent, caring relationships with adults outside the family
4. **Caring Neighborhood** – The child's network of relationships includes neighbors who provide emotional support and a sense of belonging
5. **Caring climate in child-care and educational settings** – Caregivers and teachers create environments that are nurturing, accepting, encouraging and secure
6. **Parent involvement in child care and education** – Parent(s), caregivers, and teachers together create a consistent and supportive approach to fostering the child's successful growth

Empowerment

7. **Community cherishes and values young children** – Children are welcomed and included throughout community life
8. **Children seen as resources** – The community demonstrates that children are valuable resources by investing in a child-rearing system of family support and high-quality activities and resources to meet children's physical, social, and emotional needs
9. **Service to Others** – The child has opportunities to perform simple but meaningful and caring actions for others
10. **Safety** – Parent(s), caregivers, teachers, neighbors and the community take action to ensure children's health and safety

Boundaries & Expectations

11. **Family Boundaries** – The family provides consistent supervision for the child and maintains reasonable guidelines for behavior that the child can understand and achieve
12. **Boundaries in child-care and educational settings** – Caregivers and educators use positive approaches to discipline and natural consequences to encourage self-regulation and acceptable behaviors
13. **Neighborhood Boundaries** – Neighbors encourage the child in positive, acceptable behavior, as well as intervene in negative behavior, in a supportive, nonthreatening way
14. **Adult Role Models** – Parent(s), caregivers and other adults model self-control, social skills, engagement in learning, and healthy lifestyles
15. **Positive Peer Relationships** – Parent(s) and caregivers seek to provide opportunities for the child to interact positively with other children
16. **Positive expectations** – Parent(s), caregivers and teachers encourage and support the child in behaving appropriately, undertaking challenging tasks and performing activities to the best of her or his abilities

Constructive Use of Time

17. **Play and creative activities** – The child has daily opportunities to play in ways that allow self-expression, physical activity, and interaction with others
18. **Out-of-home and community programs** – The child experiences well-designed programs led by competent, caring adults in well maintained settings
19. **Religious Community** – The child participates in age-appropriate religious activities and caring relationships that nurture her or his spiritual development
20. **Time at Home** – The child spends most of her or his time at home participating in family activities and playing constructively, with parent(s) guiding TV and electronic game use

External Assets

Internal Assets

Name and Definition

Commitment to Learning	21. Motivation to Mastery – Parent(s) and/or primary caregiver(s) provide the child with high levels of consistent and predictable love, physical care, and positive attention in ways that are responsive to the child's individuality 22. Engagement in learning experiences – Parent(s) and/or primary caregiver(s) express themselves positively and respectfully, engaging young children in conversations that invite their input 23. Home-program connection – The child experiences security, consistency, and connections between home and out-of-home care programs and learning activities 24. Bonding to programs – The child forms meaningful connections with out-of-home care and educational programs 25. Early literacy – The child enjoys a variety of pre-reading activities, including adults reading to her or him daily, looking at and handling books, playing with a variety of media, and showing interest in pictures, letters, and numbers
Positive Values	26. Caring – The child begins to show empathy, understanding, and awareness of others' feelings 27. Equality and social justice – The child begins to show concern for people who are excluded from play and other activities or not treated fairly because they are different 28. Integrity – The child begins to express her or his views appropriately and to stand up for a growing sense of what is fair and right 29. Honesty – The child begins to understand the difference between truth and lies, and is truthful to the extent of her or his understanding 30. Responsibility – The child begins to follow through on simple tasks to take care of her- or himself and to help others 31. Self-regulation – The child increasingly can identify, regulate, and control her or his behaviors in healthy ways, using adult support constructively in particularly stressful situations
Social Competencies	32. Planning and decision making – The child begins to plan for the immediate future, choosing from among several options and trying to solve problems 33. Interpersonal skills – The child cooperates, shares, plays harmoniously, and comforts others in distress 34. Cultural awareness and sensitivity – The child begins to learn about her or his own cultural identity and to show acceptance of people who are racially, physically, culturally, or ethnically different from her or him 35. Resistance skills – The child begins to sense danger accurately, to seek help from trusted adults, and to resist pressure from peers to participate in unacceptable or risky behavior 36. Peaceful conflict resolution – The child begins to compromise and resolve conflicts without using physical aggression or hurtful language
Positive Identity	37. Personal power – The child can make choices that give a sense of having some influence over things that happen in her or his life 38. Self-esteem – The child likes her- or himself and has a growing sense of being valued by others 39. Sense of purpose – The child anticipates new opportunities, experiences, and milestones in growing up 40. Positive view of personal future – The child finds the world interesting and enjoyable, and feels that he or she has a positive place in it

40 Developmental Assets

Search Institute has identified 40 Developmental Assets or building blocks that help young people grow up healthy, caring and responsible.

Name and Definition

External Assets

Support

1. **Family Support** – family provides high levels of love and support
2. **Positive Family Communication** – regular positive, nurturing communication with parent(s)
3. **Other Adult Relationships** – receives support from 3 or more non-parent adults
4. **Caring Neighborhood** – experience caring neighbors
5. **Caring School Climate** – school provides a caring, encouraging environment
6. **Parent Involvement in Schooling** – Parent(s) are actively involved in helping the child to succeed in school

Empowerment

7. **Community Values Youth** – adults in the community value youth
8. **Youth as Resources** – is given useful roles in the community
9. **Service to Others** – serves in the community one hour or more per week
10. **Safety** – feels safe at home, school, and in the neighborhood

Boundaries & Expectations

11. **Family Boundaries** – family has clear rules and consequences and monitors whereabouts
12. **School Boundaries** – school provides clear rules and consequences
13. **Neighborhood Boundaries** – neighbors take responsibility for monitoring young people's behavior
14. **Adult Role Models** – parent(s) and other adults model positive, responsible behavior
15. **Positive Peer Influence** – best friends model responsible behavior
16. **High Expectations** – parent(s) and teachers encourage the young person to do well

Constructive Use of Time

17. **Creative Activities** – spends 3+ hrs/wk in lessons or practice in music, theatre, or other arts
18. **Youth Programs** – spends 3+ hrs/wks in sports, clubs or organization at school and/or in the community
19. **Religious Community** – spends 1 or more hours per week in activities in a religious institution
20. **Time at Home** – is out with friends "with nothing special to do" two or fewer nights per week

Commitment to Learning

21. **Achievement Motivation** – is motivated to do well in school
22. **School Engagement** – is actively engaged in learning
23. **Homework** – reports doing at least one hour of homework every school day
24. **Bonding to School** – cares about her or his school
25. **Reading for Pleasure** – reads for pleasure three or more hours per week

Positive Values

26. **Caring** – places high value on helping other people
27. **Equality and Social Justice** – places high values on equality and reducing hunger and poverty
28. **Integrity** – acts on convictions and stands up for her or his beliefs
29. **Honesty** – "tells the truth even when it is not easy"
30. **Responsibility** – accepts and takes personal responsibility
31. **Restraint** – believes it is important not to be sexually active or to use alcohol or other drugs

Social Competencies

32. **Planning and Decision Making** – knows how to plan ahead and make choices
33. **Interpersonal Competence** – has empathy, sensitivity, and friendship skills
34. **Cultural Competency** – has knowledge/comfort with different cultural/racial/ethnic backgrounds
35. **Resistance Skills** – can resist negative peer pressure and dangerous situations
36. **Peaceful Conflict Resolution** – seeks to resolve conflict nonviolently

Positive Identity

37. **Personal Power** – feels he or she has control over "things that happen to me"
38. **Self Esteem** – reports having a high self-esteem
39. **Sense of Purpose** – reports that "my life has purpose"
40. **Positive View of Personal Future** – is optimistic about her or his personal future

Internal Assets

Preschool Curriculum Teaching Strategies

Background Information

The Creative Curriculum's structure is consistent with the YMCA philosophy which recognizes a child-centered and holistic approach to early childhood.

To round out The Creative Curriculum and make it an even better fit for the local YMCAs, YMCA of the USA created a companion guide, The Y's Way to The Creative Curriculum for Preschool. This companion includes important concepts that are unique to the YMCAs.

As with any YMCA program, YMCA preschool programs are grounded in the YMCA mission and program objectives, and they are given focus by YMCA of the USA national initiatives and mission strategies. The curriculum is developed based on:

- specific needs and interests of the children
- talents and abilities of the staff
- unique needs of a particular YMCA community
- resources within the YMCA and the surrounding community
- the latest research on how children learn best

The YMCA Preschool Program

Core Content - The Creative Curriculum for Preschool

Literacy Literacy remains one of the determining factors of children's success in school and in their participation in the world around us, which makes it critical that we begin early to lay a solid foundation. Literacy in a YMCA early childhood classroom includes seven components, including increased vocabulary and language; phonological awareness; knowledge of print, letters and words; comprehension; understanding of books and other texts; and literacy as a sense of enjoyment. In a Y program you will see a print-rich environment, a well-stocked library of books, and audiotapes. You'll find staff reading to children, children leafing through books, and adults and children engaged in conversations about what they are reading.

Mathematics Preschool children are fascinated by numbers and measurements, comparisons, and logic. There are multiple opportunities within a day for children to build their competence in math. Math includes numbers concepts; patterns and relationships; geometry and spatial sense; measurement; and data collection and representation. In a YMCA early childhood program, you are likely to find children using a variety of math-related toys, tools and games. You'll hear children counting, and you can observe them manipulating measurements and sorting and classifying collections.



Science Young children are intrigued by science and learning about the world around them. Science in an early childhood program generally falls under three categories: physical science (physical properties of materials and objects, such as weights, shapes, size, color, and temperatures); life science (learning about living things such as plants and animals); and the earth and environment (the world of nature – the land, sky, and weather). In a YMCA early childhood program, you will find a discovery center where children experiment and explore and where staff take note of the world around them and either introduce concepts to children or respond to and elaborate on children's observations. You may even find nature activities on a YMCA sports field.

Social Studies Children are social beings and members of families, communities, and the greater world around them. In an early childhood program, social studies is the study of people, how they relate to spaces and geography, how they live, the environment around them, and past events. In a YMCA early childhood environment, you will find staff introducing social-related concepts to children in large and small groups; you will find children acting out new and different roles in the dramatic play corner; and you are likely to find recycling bins and other signs of children and adults taking responsibility for the environment in which they live. You may also find children in a pen-pal relationship with children in a Y half way around the world.

Arts Arts is designing, creating, and exploring. It is one way in which children learn to express themselves and find greater meaning from the world around them. In early childhood, the arts include dance, music, theater or performing arts, and the visual arts. In a YMCA early childhood program, you will find young children and adults listening to music, moving to music, and making music. You are likely to see a variety of art materials, including paints, markers, crayons, clay, paper and glue. You might even find young children participating in puppet shows or acting out small skits or stories they've just read. YMCA arts specialists also may be engaged with children, taking arts to a higher level.

Technology As children interact with others in their environment, it becomes increasingly more likely that their interactions will involve technology. Technology is the study of tools, machines, materials, techniques, and the source of power that makes work (and often our lives) easier and solves problems. In a YMCA early childhood program, you will find children using a variety of tools, both for play and for real. It is not uncommon to see children as young as three or four engaged with computer software programs. In the dramatic play corner, you are likely to see children using cell phones to communicate, cameras to capture people and events, radios and CD players to catch the latest news and to listen to their favorite tunes, or PDAs (personal data/digital assistants) to schedule their weekly appointments.

Core Content – YMCA Specific

Healthy Habits

Given increased concerns about Americans' health, it is critical to help young children develop – and feel passionate about – lifelong healthy habits. Cultivating healthy habits in early childhood falls into three key areas: nutritional choices, physical activity, physical and personal safety. Most important is the healthy environment that adults design and organize for children. In a YMCA early childhood program, you will find adults who have strong relationships with children and families modeling healthy eating and activity habits. You're likely to see children enjoying a variety of healthy food choices, asking for water as their preferred beverage, and discussing the impact of healthy foods on their growing bodies. You will find children enjoying fun, safe, and rigorous activities in the gym, in the pool, and on the playground as well as in the classroom. And you're likely to overhear adults and children engaged in conversations about keeping themselves and family members safe.

Background Information

Second only to human relationships, a well-planned curriculum will help define a child's experience in a YMCA program. Curriculum affects all aspects of a program: the overall quality, parent perceptions, as well as the outcomes and benefits of the program on children. Toward this end, YMCA of the USA and Ys across the country are adopting the YMCA School-Age Care Curriculum framework. The framework is a guide to activity planning and is developed from the following:

- specific needs and interests of children
- talents and interest of the staff
- unique needs of a particular school and community
- resources within the YMCA and the surrounding community

Although the framework prescribes eight core areas, including resources and child outcomes in each area, Y staff, parent advisory committees and school personnel or other hosts are encouraged to plan collaboratively to design a well-balanced curriculum that meets the needs of children, families and school personnel.

Connection to the YMCA Mission

As with any YMCA program, the School-Age Care Curriculum is centered in the YMCA mission and program objectives. The YMCA Mission is **to put Christian principles into practice through activities that build healthy spirit, mind, and body for all.**

Y programs, such as school-age care, are the tools YMCAs use to help participants experience the YMCA mission. In school-age care, mission activities look like this.

Spirit refers to self-esteem and willingness to help others, and the activities that develop these qualities. It also includes a sense of fun and a climate of positive energy. YMCA activities include collaboration with others, conflict resolution skills, and opportunities for success regardless of ability.

Mind refers to learning and to activities that promote learning. YMCA activities include and encourage problem solving, using school-gathered knowledge, and having high expectations each time an activity is undertaken.

Body refers to health, wellness, and the activities that promote these qualities. YMCA activities include and encourage physical fitness and active games.



Curriculum Context

The specific activities associated with the various curriculum categories generally take place in one or several of the following contexts, each of which is balanced throughout the day or week.

- **Free Choice**... the child or youth has the option of choosing from several activities, some relatively unstructured and some that are staff-designed learning centers
- **Small Group or Individual Activities**...the activities available can be done either in small groups or alone. They may be initiated by the adults with the expectation that all children will work on the activity (e.g. homework or quiet time) or initiated by the children themselves
- **Project Time**... time is set aside in the schedule for children or youth to begin or return to a long term project needing certain space, materials, tools, or leadership
- **Large Group**... activities designed for large group participation, usually under the leadership of a responsible person (e.g. reading a book or participating in an active game such as soccer)
- **Indoors or Outdoors**... all of the contexts and activities above are presented or done in both outdoor and indoor environments
- **Snack**... a nutritious snack, planned to meet a child's nutritional requirement, is served each day

Core Content Areas

The YMCA School-Age Curriculum framework is designed around these eight core areas.

Arts and Humanities

The visual and performing arts are easily integrated into after-school programs. Children (and staff) are easily attracted to most arts experiences. Drama, music, art, crafts, art history and poetry, are just a few of the many activities that are a part of the YMCA School-Age Care Curriculum. Self-expression along with a greater sense of imagination and creativity are just a few of the benefits children experience in a Y arts and humanities program.

Character Development

In today's challenging and complex world, children need reinforcement of positive values even when they're away from home. YMCA school-age care programs take character development seriously by incorporating the values of caring, honesty, respect, and responsibility into play, learning and social activities. Through consistent teaching, modeling, reinforcement, and practice, staff help children demonstrate and accept positive values.

Health, Wellness and Fitness

Building strong bodies is a part of the YMCA history. Strong bodies live longer. Strong bodies are healthy and have organs that work better. YMCA school-age care staff work closely with Y fitness staff to help design a program where children fully participate in health, wellness, and physical activities. This discipline is a powerful character tool that builds an ethic of hard work and goal setting. Young bodies develop better when health and physical activity are a regular part of their daily life.



Social, Moral and Spiritual Development

The latest research in early brain development highlights the importance of developing connectedness with others. It is through these connections that children develop a foundation for spiritual and moral growth and social skills. In a YMCA early childhood program, you'll find staff demonstrating, teaching, and celebrating the YMCA character development values of caring, honesty, respect, and responsibility. You'll find children playing and talking with friends and developing a foundation for positive relationships. It also is common to see children creating a card for a classmate or relative, singing holiday songs to adults in a retirement home, or cleaning up a nearby park and planting flowers.

Family support and participation

Family members support the preschool curriculum by:

- joining the YMCA and coming to the YMCA as a family for health, recreational, and social activities
- volunteering to help out on field trips
- reading letters sent home that describe each content area and trying out the "what you can do at home" ideas
- donating requested items that enhance the classroom and allow for a diverse array of materials
- offering to participate as a classroom visitor and sharing a particular vocation

When families and staff work together to provide the best environment for young children, children are free to learn, grow, and develop in positive ways. It is only through strong connections between the adults – parents and staff – who care about a child's life that the child is able to receive a strong, consistent and meaningful early education. What a great gift we give to our kids!



Homework Support

Homework support, often requested by parents and encouraged by schools, is a part of most Y school-age programs. In YMCA homework centers, the program staff provide a time, a place and support in helping children complete homework. A strong program also provides resource-rich environments, introduces activities that build on what children learn in the school day, and if needed, may even provide tutoring and other support services.

Literacy

Literacy, a core component in YMCA after-school learning, is just one way Ys can help support a child's success in school without extending the school day with academic activities. Literacy includes reading, writing, speaking, gathering information, using information, thinking critically, understanding others, and expressing oneself. With YMCA KidzLit, kids get excited about books. The program gets kids talking, reading, and writing about the issues good books raise. The books and discussions also encourage kids to think about how to apply lessons from books to their own lives. Lessons are structured around discussions of how characters within stories act and the choices they make. Writing, drama, and art activities reinforce and further explore the ideas raised in the discussions.

Science and Technology

Young children are fascinated by science and technology, making these popular activities in Y school age care programs. Through age-appropriate science activities, children begin to understand the world around them both in and out of doors. They learn about the choices they make and how these choices affect the earth and the quality of life for others. They use technology to research, study, and learn what happens in the world around them.

Service Learning

Service-learning is a deliberate process through which people of all ages and in all parts of the YMCA can develop their skills, knowledge, and civic awareness while making meaningful contributions to their communities. Service learning enhances and is easily integrated into YMCA school-age programs. It encourages civic responsibility, volunteering, leadership skills, and character development. Service-learning projects might be anything from a mitten drive to painting a mural at the Y, to helping younger kids with homework.

Social Competence and Conflict Resolution

After school programs need to be places where children, youth, and adults feel safe, understood, respected, and secure. When these basic requirements for healthy living and socializing are missing in a person's life, learning rarely takes place. Social competence and conflict resolution curriculum activities, when used regularly, help make Y programs emotionally and socially comfortable places to be. In Y school-age programs, staff help educate children in using natural and logical consequences and encourage them to accept responsibility for their behaviors. They guide activities, give children strategies for dealing with conflict when it comes their way, and help them develop socially acceptable ways of interacting with one another.